



# YOUNG WOMEN LEADERS FELLOWSHIP 2022-23

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Bridging the gap between passion and action

In Partnership with



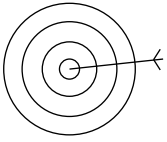
# THE FELLOWSHIP



The Young Women Leaders Fellowship Program 2022-23 has been designed by 'The Red Door' (TRD) in partnership with CREA to nurture young women in India who are keen on driving positive change in the areas of disability, mental health, gender and sexuality.

In the 2nd year of this Fellowship, we will mentor **ten young women, aged 30 and under**, who want to make a difference in the world around them.

The Fellowship is for a period of 6 months, between September 2022 and March 2023. Fellows will be expected to spend 4 hours a week over the weekends on the Fellowship. All sessions will be conducted online. Each fellow will receive INR 60,000 over a period of 6 months to work on a project of their choice, leading to a specific outcome that builds on intersectionality.

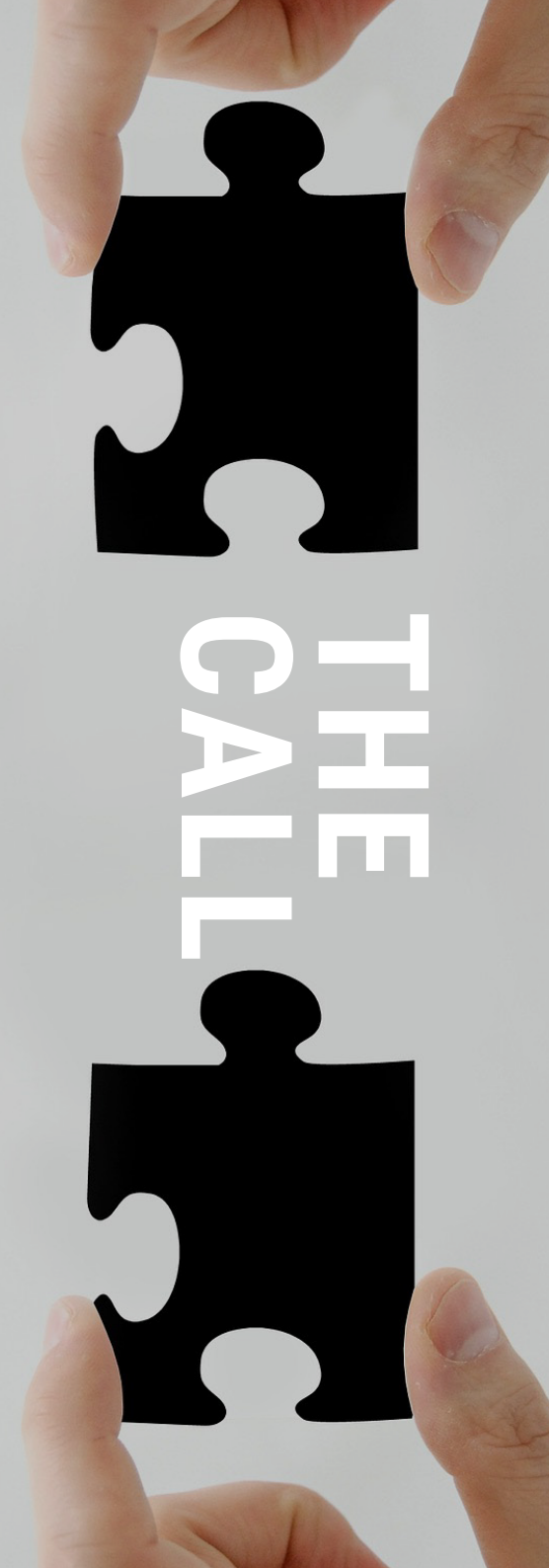


We are looking for doers - people who aren't afraid to get on the ground and do something about issues that make them uncomfortable. If you are truly committed to making a difference and to take on the many challenges you're likely to face in the process, this fellowship is for you!

**We welcome young women who have had it rough. If you've found it difficult to blend in because of how different you are, this fellowship will celebrate your uniqueness and help turn it into a strength.**

In this second year of the fellowship, we are especially keen to create a diverse cohort - and will be looking specifically for persons who come from structurally excluded communities, including alternate sexualities, disabilities, under-represented castes and small towns.

You should apply if you want to make a difference, but are looking for direction and a deeper understanding of the complexities of transformative social action. Bridging the gap between passion and meaningful action is at the core of our fellowship program. Equally important are ideas of empathy, humility, solidarity and self-awareness – and the Fellowship intends to build on these.





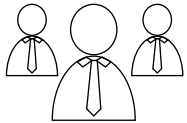
A group of people's hands are shown from a top-down perspective, arranged in a circle around the central text. The hands are positioned as if they are about to clasp together, with fingers pointing towards the center. The background is a bright, clean white. The text is centered in the middle of the circle.

**6 months** PROGRAM  
DESIGN

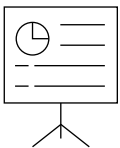




Fellows will be given the opportunity to learn from academic experts in the fields of gender, sexuality, disability and mental health to strengthen their theoretical understanding of these issues.



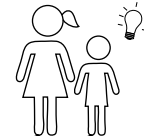
Interact with social entrepreneurs who have taken up a cause and started ventures to make real impact and with social workers who've worked on the field and at the grass-roots level. The intent is to allow fellows to get a real world perspective on the complexities and challenges of driving social change.



Participate in praxis-oriented workshops so that fellows are equipped with a practical understanding of how they can bring their vision of social change to life. These workshops will cover areas such as social design, proposal writing, fund-raising, branding and social media etc.



TRD's work with the idea of person centric approaches to Mental Health & Resilience, the Fellowship will involve workshops in peer-support, art therapy and resilience to allow fellows to explore their inner worlds and, hopefully, become more self-aware and considerate human beings in the process.

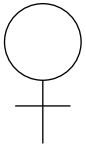


The fellowship includes a Project Stage where fellows can design and launch their own social intervention and devise ways of taking it forward. This is where they can implement their ideas, drawing on their learnings from the various fellowship sessions.

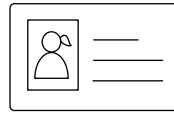
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**We believe that knowledge is power, especially when it draws on intersectional perspectives and melds the academic with the practical. We also believe that learning from other people can be transformative when we open our minds to diversity and difference.**

# ELIGIBILITY



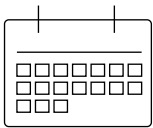
Must identify as a woman



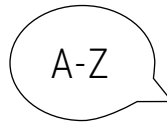
Must hold an Indian PAN Card



The fellowship process will be entirely online. So, a wifi/ data connection is compulsory



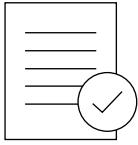
Must be between 21 and 30 years of age



Must have a working knowledge of English

A special window to apply will be given to women above 30 if they can show that they lost a few years of their lives to difficult circumstances (including, but not limited to extreme emotional states), that they are struggling to come back to a state of equilibrium and that they are keen to learn and collaborate with the fellowship process.





To apply for the fellowship, please click this link  
<https://bit.ly/3ywmUWd>

To read about last year's Fellows and sessions,  
visit TRD Website.  
<https://www.thereddoor.co.in/>

Last date for applying to the fellowship: **August 1st, 2022**

Tentative date for the commencement of the fellowship: 18th September, 2022

Shortlisted candidates will be invited by email to the Interview Round for final selections by the 20th of August, 2022.





# ABOUT



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<https://www.thereddoor.co.in/>

The Red Door (TRD) is a mental health initiative that believes that the discourse around emotional and mental well-being needs to be more inclusive, diverse and respectful of the myriad realities that we inhabit in our heads and lives. TRD believes in holistic emotional wellness regardless of (psychiatric) labels and takes its inspiration from the struggles of people who have experienced extreme emotional states. At the same time, our programs take from some of the most cutting-edge research in Psychology, Neuroscience and Resilience Studies. TRD takes cognisance of the United Nations' Convention on the Rights of Persons with Disability (UNCRPD) motto of "nothing about us, without us". It is also extremely conscious of the intersections between mental health on the one hand, and gender, disability, social justice and sexuality on the other.



<https://creaworld.org/>

CREA builds feminist leadership, strengthens movements, expands sexual and reproductive freedoms, promotes rights-based approaches to reduce gender-based violence, and advances the human rights of structurally excluded people. CREA is a feminist human rights organization based in the global South, led by Southern feminists, working at the community, national, regional, and global levels. Together with partners from a diverse range of human rights movements and networks, CREA works to advance the rights of women and girls, and the sexual and reproductive freedoms of all people. CREA advocates for positive social change through national and international fora, and provides training and learning opportunities to global activists and leaders through its Institutes.