

## **FELLOWSHIP**

2022-23







The Red Door (TRD) - CREA Fellowship Program is designed to nurture young women leaders who are keen on driving positive change in the areas of disability, mental health, gender and sexuality.

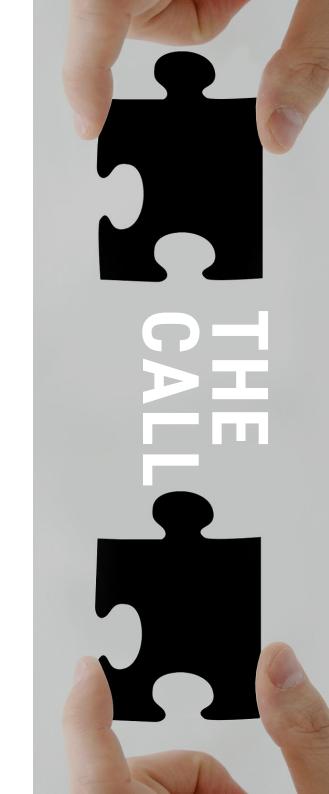
The Fellowship will mentor **ten young women, aged 30 and under**, who want to make a difference in the world around them, but are looking for direction and a deeper understanding of the complexities of transformative social action. Bridging this gap between passion and meaningful action is at the core of our fellowship program. Equally important are ideas of empathy, humility, solidarity and self-awareness – and the Fellowship intends to build on these. This is the 2nd year of this fellowship.



We are looking for **doers**- people who aren't afraid to get on the ground and do something about issues that make them uncomfortable. If you are truly committed to making a difference and to take on the many challenges you're likely to face in the process, this fellowship is for you!

We welcome young women who have had it rough. If you've found it difficult to blend in because of how different you are, this fellowship will celebrate your uniqueness and help turn it into a strength.

In this second year of the fellowship, we are especially keen to create a diverse cohort - and will be looking specifically for persons who come from marginalised backgrounds, including alternate sexualities, disabilities, under-represented castes and small towns.







Fellows will be given the opportunity to learn from academic experts in the fields of gender, sexuality, disability and mental health to strengthen their understanding of these issues.



Interact with social entrepreneurs who have taken up a cause and started ventures to make real impact and with social workers who've worked on the field and at the grass-roots level. The intent is to allow fellows to get a real world perspective on the complexities and challenges of driving social change.



Participate in praxis-oriented workshops so that fellows are equipped with a practical understanding of how they can bring their vision of social change to life. These workshops will cover areas such as social design, proposal writing, fund-raising, branding and social media etc.



The Red Door will organise workshops in peer-support, art therapy and resilience to allow fellows to explore their inner worlds and, hopefully, become more self-aware and considerate human beings in the process.



The fellowship includes a Project Stage where fellows can design and launch their own social intervention and devise ways of taking it forward. This is where they can implement their ideas, drawing on their learnings from the various fellowship sessions.

We, at The Red Door, believe that knowledge is power, especially when it draws on intersectional perspectives and melds the academic with the practical.

We also believe that learning from other people can be transformative when we open our minds to diversity and difference.

## as a woman





Must be between 21 and 30 years of age



Must hold an Indian PAN Card



Must have a working knowledge of English



The fellowship process will be entirely online. So, a wifi/ data connection is compulsory

A special window to apply will be given to women above 30 if they can show that they lost a few years of their lives to difficult circumstances (including, but not limited to extreme emotional states), that they are struggling to come back to a state of equilibrium and that they are keen to learn and collaborate with the fellowship process.





## To apply for the fellowship, please click this link https://forms.gle/vojR4fsjBRD6JWsU8

Shortlisted candidates will be invited by email to the Interview Round for final selections.

Last date of applying for the fellowship: 1st August, 2022

Tentative date of commencement of the fellowship: 18th September, 2022







The Red Door (TRD) is a mental health initiative that believes that the discourse around emotional and mental well being needs to be more inclusive, diverse and respectful of the myriad realities that we inhabit in our heads and lives.

TRD believes in holistic emotional wellness regardless of (psychiatric) labels and takes its inspiration from the struggles of people who have experienced extreme emotional states. At the same time, our programs take from some of the most cutting-edge research in Psychology, Neuroscience and Resilience Studies. TRD takes cognisance of the United Nations' Convention on the Rights of Persons with Disability (UNCRPD) motto of "nothing about us, without us". It is also extremely conscious of the intersections between mental health on the one hand, and gender, disability, social justice and sexuality on the other.



https://creaworld.org/

CREA builds feminist leadership, advances women's human rights, and expands sexual and reproductive freedoms.

CREA is one of the few international women's rights organisations based in the global South, led by Southern feminists, which works at the grassroots, national, regional, and international levels. Together with partners from a diverse range of human rights movements and networks, CREA works to advance the rights of women and girls, and the sexual and reproductive freedoms of all people. CREA advocates for positive social change through national and international fora, and provides training and learning opportunities to global activists and leaders through its Institutes.